

Student Health

At NC State we believe in enhancing both students individual health and the overall health of our campus community. With an understanding that Wellness is the interdependent and interactive combination of love for what is done each day, the quality of relationships, the security of finances, the vibrancy of physical health, and the pride taken in what is contributed to our communities. **Student Health Services** is at the cornerstone health and wellness on campus and offers non-urgent medical care and health prevention to students as an outpatient center.

We are staffed by board certified physicians, nurse practitioners, physician assistants, registered nurses and other medical support professionals. Some of our services include primary care, gynecology services, physical therapy, nutrition counseling, pharmacy, and specialty services with local dentists, orthopedists, and gastroenterologists.

Student Health is accredited by the Accreditation Association for Ambulatory Health Care, Inc (<http://www.aaahc.org/>) (AAAHC) and Commission on Office Laboratory Accreditation (<http://www.cola.org/>) (COLA).

To learn more about the many services and benefits we offer students, visit our website (<https://healthypack.dasa.ncsu.edu/>).

Hours of Operation

Student Health Services on Main Campus operates on the following hours:

- Monday: 8 a.m. - 5 p.m.
- Tuesday: 9 a.m. - 5 p.m.
- Wednesday: 8 a.m. - 5 p.m.
- Thursday: 8 a.m. - 5 p.m.
- Friday: 8 a.m. - 5 p.m.
- Saturday: 9 a.m. - 12 p.m. (During fall and spring semesters, excluding breaks, for illness and injury)
- Sunday: Closed

Student Health Services on Centennial Campus is our newly opened location in Plaza Hall on Centennial Campus. For hours of operation, please check our website.

Physical Therapy on Main Campus allows appointments during the following hours during the fall and spring semesters:

- Monday: 8 a.m. - 5 p.m.
- Tuesday: 9 a.m. - 5 p.m.
- Wednesday: 8 a.m. - 5 p.m.
- Thursday: 8 a.m. - 5 p.m.
- Friday: 8 a.m. - 2 p.m.
- Saturday: Closed
- Sunday: Closed

A nurse advice line is available at all other times to assure students receive qualified nurse and medical advice. During adverse weather, students should check the Student Health Services website (<https://healthypack.dasa.ncsu.edu/>) for any variance in operating hours.

Summer session hours are Monday through Friday, 8 a.m. to 5 p.m. with **no weekend hours**. We accept patients for care up to 4:20 p.m to provide sufficient time for you to see your healthcare provider.

Patient appointments are typically 20 minutes.

How to Schedule an Appointment

Appointments can be scheduled online, via the HealthyPack Portal (<https://sso.medicatconnect.com>) or by calling Student Health Services at 919.515.2563.

Charges

All registered students pay a health fee which provides access to care and covers most, but not all, office visits for provider services. There are charges associated with x-rays, lab tests, allergy injections, travel vaccines, physical therapy, annual physicals, some office visits and specialty clinics. Students are responsible for the cost of prescriptions and over the counter medications /supplies available at the Student Health Pharmacy, as well as expenses incurred when referred to an off-campus laboratory, physician, hospital or pharmacy. Student Health Services will file most insurances on behalf of the student for services and prescriptions received at Student Health. Charges not covered by insurance may be transferred to the student's account with University Cashiers Office. *Check with us prior to your visit to determine if your insurance plan is considered in-network.*

Student Health partners with several specialty groups to offer on campus care. Specialists include Dermatology, Orthopedics and Gastroenterology. Insurance is filed by the specialty group and not Student Health. *Check with the specialty group prior to your visit to determine if your insurance plan is considered in-network.*

Student Health, in partnership with Campus Smiles Dental Services, provides comprehensive dental care to students. Campus Smiles accepts most dental plans and will file your insurance for you. Cash discount pricing is also available. To make an appointment, contact Student Health and ask for the dental clinic. Two locations are available for your convenience - Main Campus and Centennial Campus.

Staying Healthy and Well

As a part of our mission, Student Health not only provides high quality health care but also a comprehensive disease prevention and health education program to the NC State community. Our outreach health educator and Pack Peer Educators offer a variety of information, programs and services to students on issues facing today's young adults. Health topics include nutritional counseling, alcohol and drug education, healthy sexuality, women's health, men's health and much more.

Pack Peers is our student volunteer program that includes two tracks: Track I- Peer Education and Track II- Clinical Experience. Students interested in becoming engaged in our Pack Peer program should visit our website (<https://healthypack.dasa.ncsu.edu/>) for more information.

Required Medical Insurance

As mandated by the UNC System, NC State University **requires** all undergraduate students taking 6 or more credit hours to have and show evidence of a creditable health insurance policy. **Students failing to provide proof of coverage by the published deadline each semester will automatically be enrolled in and billed for the university-**

sponsored health insurance plan through Student Blue. Note: This is a University requirement.

The University-sponsored health insurance plan (Student Blue) has a robust set of benefits at an affordable premium. Each year, complete information is available to students at the start of the fall and spring semesters. For more information regarding the health insurance requirement and/or the University-sponsored health insurance plan, go to our website (<https://healthypack.dasa.ncsu.edu>).

Confidentiality

All health and medical information is kept secure and confidential and is not divulged to anyone without the express **written consent** of the patient as required by Federal law.

Please Note: Parents must have the written consent of their student for the release of any protected health information (PHI). Guarantor of payment is not considered written consent for access to PHI.

Medical Insurance

NC State University requires all undergraduate degree-seeking students who are taking 6 or more credit hours to either purchase the University-sponsored health insurance plan (Student Blue) or provide evidence of an existing creditable health insurance policy. Students who are already covered by an insurance policy (i.e. through parent plans, family plans, employer-sponsored plans, or student health insurance) and wish to waive out of the university-sponsored plan must submit a waiver for each term.

Students enrolled in Distance Education courses only are not eligible for health insurance and therefore are not required to submit a waiver.

Students who do not waive out by the waiver deadline will automatically be enrolled in and billed each semester for the university-sponsored health insurance plan. This university-sponsored health insurance plan has a robust set of benefits at an affordable premium. More information regarding the health insurance requirement and/or the university-sponsored health insurance plan is available on the Student Health Services website (<https://healthypack.dasa.ncsu.edu/>).

Student Health Center

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