

# Family Life Education and Coaching (Certificate)

The Graduate Certificate in Family Life Education and Coaching prepares students to work with parents, professionals, and families as both family life educators and family life coaches. Family Life Educators (FLE) are strengths-based professionals who provide preventative research-based education to families in organized efforts designed to impart information, skills, experiences, or resources to strengthen, improve, or enrich their family experience. Family Life Coaches (FLC) partner with clients in a thought-provoking and creative process that inspires families to maximize their potential, reach goals, and achieve healthy relationships. Required courses are designed to strengthen the student's understanding and application of the critical aspects of family life coaching and education, including a strengthened understanding of the fields of coaching psychology and family life education. The 12-credit graduate program can be completed entirely online.

YFCS 537	Human Sexuality
YFCS 552	Program Development & Evaluation in Youth & Family Settings
YFCS 553	Applied Concepts in Child and Youth Development
YFCS 585	Professional Ethics and Family Policy

## Plan Requirements

Code	Title	Hours	Counts towards
<b>Required Courses</b>		<b>9</b>	
YFCS 543	Applied Concepts in Parenting and Family Life Education		
YFCS 545	Family Communication and Coaching		
YFCS 547	Family Life Coaching		
<b>Elective Course</b>		<b>3</b>	
See "Elective Courses" listed below			
<b>Total Hours</b>		<b>12</b>	

## Elective Courses

Code	Title	Hours	Counts towards
<b>Select one of the following electives that most aligns with your professional interests:</b>		<b>3</b>	
YFCS 502	Theories in Family Science		
YFCS 523	Family Relationships Over the Life Course		
YFCS 531	Effective Management of Family Resources		
YFCS 533	Complex Family Issues		