

# Nutrition (Minor)

The Minor in Nutrition will provide knowledge of the principles of nutrition that are needed to formulate balanced diets and to evaluate information and policies concerning foods and dietary practices. Students may select courses to emphasize human or animal nutrition or a combination of these.

## The objectives for students pursuing the Nutrition Minor are to:

1. acquire an understanding of the functions of the nutrients in the health of humans and/or animals,
2. to learn to formulate nutritionally balanced diets for humans and/or animals, and
3. to learn to apply nutritional principles in the evaluation of information and policies concerning foods and dietary practices.

## Admissions

Application for admission to any University minor program is now available via MyPack Portal. Admission will be based upon the student's academic record, and in most cases no longer requires departmental review. To apply to Add a Minor, go to: [https://go.ncsu.edu/minor\\_](https://go.ncsu.edu/minor_) ([https://go.ncsu.edu/minor\\_coda/](https://go.ncsu.edu/minor_coda/))coda

## Certification

Dr. Cooke will certify the completion of the student's minor program. Certification must be submitted no later than the registration period for the student's final semester at NC State. The minor must be completed no later than the semester in which the student expects to graduate from his or her degree program.

## Contact Person

Dr. Natalie Cooke  
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919-515-0287

**SIS Code: 11NTM**

## Plan Requirements

Must complete a minimum of 15 credit hours from the list provided below and a grade of 'C-' or better in each course.

Code	Title	Hours	Counts towards
<b>Required Course</b>			<b>3</b>
NTR 301	Introduction to Human Nutrition		
ANS 230	Animal Nutrition		
ANS 225	Principles of Animal Nutrition		
<b>Elective Courses</b> <sup>1</sup>			<b>12</b>
IDS 211	Eating through American History		
NTR 210	Introduction to Community Food Security		
NTR 220	Food and Culture		

NTR 301	Introduction to Human Nutrition
NTR 320	
NTR 330	Public Health Nutrition
NTR 410	Maternal and Infant Nutrition
NTR 401	Advanced Nutrition and Metabolism
NTR/ANS/PO 415	Comparative Nutrition
NTR 419	Human Nutrition and Chronic Disease
NTR 420	
NTR 421/521	
NTR 492	Professional Internship Experience in Nutrition Science <sup>2</sup>
NTR 493	Research Experience in Nutrition Science <sup>2</sup>
NTR/ANS 454	Lactation, Milk and Nutrition
NTR/FS 555	Exercise Nutrition
ANS 225	Principles of Animal Nutrition
or ANS 230	Animal Nutrition
ANS 231	Animal Nutrition Lab
ANS/NTR 550	Applied Ruminant Nutrition
PO/ANS 425	Feed Manufacturing Technology

**Total Hours** **15**

<sup>1</sup> Students must choose at least 12 credits, with at least 6 credits at the 400 level or above: *Note in final version the grouping is changed to better guide students in course selection.*

<sup>2</sup> Not more than a total of 3 hours from NTR 492 Professional Internship Experience in Nutrition Science and NTR 493 Research Experience in Nutrition Science may count toward the 12 hours of Nutrition elective courses.